

# Message Notes

January 13, 2013

Whole: Body  
1 Corinthians 6:12-20; 1 Timothy 4:7-8  
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◆Redemption was for the \_\_\_\_\_ person, including our \_\_\_\_\_.

## Do Our Bodies Really Matter?

◆We've mistakenly \_\_\_\_\_ our \_\_\_\_\_ from our \_\_\_\_\_. (Dt 6:5)

Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. **Mark 12:30**

◆God speaks often about the \_\_\_\_\_ of our bodies. (Php 2:5-11)

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.  
**1 Corinthians 6:19-20**

◆God, through the Holy Spirit, \_\_\_\_\_ in our \_\_\_\_\_! (1 Cor 3:16)

◆Our body was created \_\_\_ God, \_\_\_ God, to \_\_\_\_\_ God. (Ro 12:1-2)

◆*Honor*: \_\_\_\_\_ the \_\_\_\_\_ of God by the way we live. (1 Pe 2:12)

## Avoiding Two Extremes

◆There is a danger of \_\_\_\_\_ or \_\_\_\_\_ our bodies.

◆When we \_\_\_\_\_ our body we're not treating it as God's \_\_\_\_\_.

Train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come. **1 Timothy 4:7b-8**

◆When we \_\_\_\_\_ our body we're placing it \_\_\_\_\_ the Lord.

## Honoring God with Our Bodies

①Commit to \_\_\_\_\_ your body sexually \_\_\_\_\_. (Eph 5:3; 1 Thess 4:3)

②Commit to \_\_\_\_\_ more \_\_\_\_\_. (Ez 4:9; Dan 1:8-16; 1 Co 10:31)

③Commit to staying \_\_\_\_\_ through \_\_\_\_\_. (Gen 2:15; 1 Tim 4:8)

④Commit to getting proper \_\_\_\_\_. (Gen 2:2-3; Ex 20:8; Ps 127:2; Mk 2:27-28)

◆Will I \_\_\_\_\_ my \_\_\_\_\_ in a way that \_\_\_\_\_ the Lord?