

MESSAGE NOTES

July 29, 2012

Awakening (Psalms Of The Soul)
Psalm 42
Pastor Jeff Nelsen

- _____ of _____ composed this _____ "song." Ps 42:49;85-86;88-89
- Psalm 42 teaches us how to face a _____ night of the _____.

As the deer pants for streams of water, so my soul pants for you, O God.
My soul thirsts for God, for the living God. When can I go & meet with God?
Psalm 42:1-2

OVERVIEW OF PSALM 42

- As deer in a _____ land _____ water, he _____ God. Ps 63:1; 84:2
- He's _____ & disturbed by _____. Ps 42:3; 2 Cor 1:8-9; 7:5-6
- He _____ God as he _____ his soul. Ps 42:4-6,9; 62:8
- He _____ himself & _____ himself in God. Ps 42:5,11

GODLY SELF-TALK

- _____ in the Bible practice it. Ps 103:1-4; 139:14; Lam 3:19-24; Mt 9:21; Lk 15:17-20
- But _____ self-talk is _____. Ps 10:6,11,13; 14:1; Luke 12:19-20; 1 Cor 6:12
- Learning to say to _____ what _____ says. Ps 27:8; Jer 5:23-24; Phil 4:13

Why are you downcast, O my soul? Why so disturbed within me?
Put your hope in God, for I will yet praise Him, my Savior and my God.
Psalm 42:5,11

AWAKEN TO THE LORD'S WISDOM

- _____ and _____ is it I need to say to my _____ right now?
- I can learn to _____ in _____! 1 Samuel 23:16; 30:6

SAYING TO MY SOUL WHAT GOD SAYS

Psalm 103:2 (vss 1-22) **COMPLAINING or LESS GRATEFUL**
Praise the LORD, O my soul, and forget not all His benefits...

Psalm 139:14; 2 Cor 5:17; Eph 2:10 **FEELING UGLY or INSECURE**
I praise the LORD, for I am fearfully & wonderfully made....
I am a new creation in Christ....
I am God's workmanship; created in Christ Jesus for good works which God prepared beforehand that I should walk in them.

Psalm 46:1; 56:3; Joshua 1:9 **AFRAID or DISCOURAGED**
God is my refuge and strength; an ever-present help in trouble....
When I am afraid, I will put my trust in Him....
Be strong & courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go.

1 Peter 5:7 **ANXIOUS or WORRIED**
Cast all your anxieties on Him, for He cares for you.

Psalm 23:1; Proverbs 3:6 **NEEDING GUIDANCE or DIRECTION**
The LORD is my shepherd, I shall not want (another shepherd)...
In all your ways acknowledge Him, and He will direct your paths.

Romans 8:1; John 8:11 **FIGHTING A SENSE OF CONDEMNATION**
There is now no condemnation for those who are in Christ Jesus...
Jesus says, to me, "Neither do I condemn you; go and sin no more."

2 Corinthians 12:9-10 **OVERWHELMED BY WEAKNESS**
His grace is sufficient for me, for His power is made perfect in my weakness...when I am weak, then I am strong [in Christ].

Colossians 3:12 **STRUGGLING TO BELIEVE GOD'S LOVE**
[In Christ] I am chosen, holy and dearly loved.

Lamentations 3:19-24 **HOPELESS or DEPRESSED**
But this I call to mind, and therefore I have hope: the steadfast love of the LORD never ceases; His mercies never come to an end; they are new every morning; great is His faithfulness. "The LORD is my portion," says my soul, "therefore I will hope in Him!"