

Life Group Discussion Guide

A life group is a formational community that gathers regularly to care, learn, and pray together. These questions may form the basis of your conversation and are designed to help participants listen and respond to God through personal and scriptural reflection, as well as stirring an imagination for how to practice the way of Jesus.

Groups are encouraged before beginning to have a moment of prayerful stillness, collecting your scattered attention to God, and then if helpful to connect with one another through a conversation starter question.

Questions

1. What food would you choose to eat if you could only choose one?
2. Read Exodus 3:1-15. What is God's name? What does it mean? How does that bring greater context to Jesus' claims in John's gospel?
3. Read John 6:25-35. What did the crowd want from Jesus? Can this ever show up in your life? If yes, when might that most often occur?
4. What are some of the "breads" this world offers that we look to fill us? Which one are you most drawn to?
5. If we know that none of the "breads" of the world can truly fulfill us, why do we keep going after them? How can the season of Lent help us with this?
6. In this passage, Jesus is comparing physical bread to the spiritual bread He offers. How are these two "breads" similar? How are they different?
7. What does Jesus mean when He says, "I Am the Bread of Life?" What is His invitation to us with these words?
8. Read Matthew 4:4. Can you say that is true for you? What might you need to do or change to "feast" more on the bread Jesus offers leading up to Easter?
9. What is one thing you sense the Holy Spirit asking you to do as a result of this passage?