

# Parent Yourself First

Life Group Questions – May 7, 2023



## Connect

1. How would you describe the prayers of your parents growing up?

## Learn and Apply

2. As you listened to the message, what stood out to you? Was anything confirming, clarifying, confusing?
3. What have you learned about praying with your kids?
4. Before today, how would you have defined your goal for parenting?
5. Can you describe a time when you've felt hopeless in parenting? Share about it.
6. Instead of grasping for control, who or what do you need to relinquish to God?
7. Is there anything specific you are going to apply to your life this week?

## Care and Pray

We ask our groups to focus on **3 simple practices: to care, learn and pray together.** Have each person or couple pray for another person or couple in the group.

*\*If you are not a parent, work through these questions in the context of any relationships in your life. In any relationship, the most important things we can do is become more like Jesus. And in any relationship, the only person we can control and be responsible for is ourselves.*