

Parent Yourself First

Life Group Questions – April 16, 2023



Connect

1. When have you thought “this is not the way I thought things would be” in your parenting? Think of several concrete examples and explain why you felt this way.

Learn and Apply

2. As you listened to the message, what stood out to you? Was anything confirming, clarifying, confusing?
3. **Read Deuteronomy 6:4-7.** What stands out to you as you read those verses?
4. **Read Ephesians 6:4.**
5. Before today, how would you have defined your goal for parenting?
6. Have you confused goals and desires in your parenting? Can you think of any concrete examples? What did confusing goals and desires lead to in the relationship?
7. Ask yourself honestly: how do you measure success as a parent? Why do you use this measurement?
8. Have you ever considered Jesus as a parenting model before? What kinds of emotions does that surface in you? Take a moment to imagine Jesus interacting with your kids – what would that look like? *It's ok to be funny, but I encourage you to be serious as well. We'll talk more about this next week.*
9. Is there anything specific you are going to apply to your life this week?

Care and Pray

We ask our groups to focus on **3 simple practices: to care, learn and pray together.** Have each person or couple pray for another person or couple in the group.

**If you are not a parent, work through these questions in the context of any relationships in your life. In any relationship, the most important things we can do is become more like Jesus. And in any relationship, the only person we can control and be responsible for is ourselves.*