

# Message Notes

February 5, 2023

Fully  
Stewarding Our Bodies  
1 Corinthians 6:12-20  
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- We're learning to give \_\_\_\_\_ area of our lives \_\_\_\_\_ to Jesus.

## Our Bodies Matter

- We've mistakenly \_\_\_\_\_ our \_\_\_\_\_ from our \_\_\_\_\_.
- God \_\_\_\_\_ speaks about the \_\_\_\_\_ of our \_\_\_\_\_.
- God, through the Holy Spirit, \_\_\_\_\_ in our \_\_\_\_\_! (1 Cor 3:16)

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies. 1 Corinthians 6:19-20

- Our body was created \_\_\_\_\_ God, \_\_\_\_\_ God, to \_\_\_\_\_ God. (Ro 12:1)
- *Honor:* to \_\_\_\_\_ God's \_\_\_\_\_ by the \_\_\_\_\_ we live. (1 Pet 2:12)
- There is a danger of \_\_\_\_\_ or \_\_\_\_\_ our bodies.
- When we \_\_\_\_\_ it, we're not treating it as God's \_\_\_\_\_.
- When we \_\_\_\_\_ our body we turn it into an \_\_\_\_\_. (1 Cor 10:14)

Train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.

1 Timothy 4:7b-8

## Honoring God with Our Bodies

- ① Commit to \_\_\_\_\_ your body sexually \_\_\_\_\_. (Eph 5:3; 1 Thess 4:3)
  - ② Commit to \_\_\_\_\_ a \_\_\_\_\_ diet. (Gen 1:29-30; 1 Cor 10:31)
  - ③ Commit to staying \_\_\_\_\_ through \_\_\_\_\_. (Gen 2:15; 1 Tim 4:8)
  - ④ Commit to getting proper \_\_\_\_\_. (Gen 2:2-3; Ex 20:8; Ps 127:2; Mk 2:27-28)
- Will I \_\_\_\_\_ my \_\_\_\_\_ in a way that \_\_\_\_\_ the Lord?