

Fully

Stewarding Our Bodies (1 Corinthians 6:12-20)

Life Group Questions – February 5, 2023



Connect

1. What is the most challenging thing you have ever done physically? What did you learn about yourself from it?

Learn

2. What does the Bible say about our bodies and the physical world? How is it similar or different from how you think about your body? How is it similar or different from what our culture tells us, or even other religions tell us about our bodies?
3. Read **Romans 12:1**. What are some practical ways we can “offer our bodies” as worship to the Lord? Is it difficult for you to think of these things as “worship”? Why or why not?
4. Read **1 Corinthians 6:12-20**. What was the issue Paul had to address here with the Corinthian church? What would be the opposite extreme of this? What extremes do we see in our culture today?
5. How can **1 Corinthians 6:19-20** shape the way we live as Jesus followers? What impact does this truth have on you personally?

Apply

6. What are some practical ways you can start stewarding your body for the Lord this week? What challenges might this pose?

Care and Pray