

Fully
Our Minds (Gen. 3; Phil. 4:6-9)
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Stewarding Our Minds

- ◆ We're learning to give _____ area of our lives _____ to Jesus.
- ◆ The enemy planted a seed of _____ in Eve's mind and led her to question God. *Genesis 3*
- ◆ The _____ has planted doubts in all of our minds. *Jn. 8:44; 2 Cor. 11:14; 1 Tim. 4:1; Rev. 20:10*
- ◆ As followers of Jesus, it is possible to _____ the lie of the enemy and walk in freedom and _____. *1 Cor. 15:57; Jn. 16:33; 1 Jn. 5:4*
- ◆ Defeating temptation takes place in our _____. *Rom. 12:1-2; 2 Cor. 10:3-5*

Pray, Filter, Replace

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. *Phil. 4:6-7*

- ◆ Anxious = pulled _____ in different directions.
- ① The first critical step of fighting temptation is _____. *1 Pet. 5:7*
- ◆ The key to resisting temptation is to take the _____ thought captive. *Prov. 4:23; Is. 26:3-4; Eph. 4:22-24*
- ◆ Pray = to _____. *Mt. 6:9-13; Jn. 15:7*
- ◆ Peace = _____; freedom from _____. *Jn. 14:27*
- ◆ Promise of prayer isn't deliverance; it's the _____ of God. *Jn. 14:27*
- ② After taking the thought captive, we _____ the lie. *Phil. 4:8-9*

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. *Phil. 4:8*

- ◆ Our lives _____ in the direction of our strongest _____.

- ◆ Is what I'm believing consistent with what the _____ says about _____ and about _____?
- ◆ We need to be in God's Word. It's hard to _____ the good news if we don't _____ our _____ with the good news. *Jn. 15:4-10; Col. 2:6*
- ③ We pray, we filter and we _____ the lie with the truth of God's Word. *Rom. 1:16; Heb. 4:12; 2 Tim. 3:16*
- ◆ It is possible through prayer and Word to overcome temptation and anxiety, and experience _____ and _____ in Christ. *Jn. 16:33; Rom. 8:37; 1 Jn. 5:4; 1 Cor. 15:57*

*If you would like to sign up for any of our care groups (anxiety & depression; grief/loss; moms of adult children)
text groups to 217.546.4818*



*If you need professional help with anxiety and depression,
text "counsel" to 217.546.4818*