

Message Notes

January 15, 2023

Fully: Stewarding Time
Eph 5:15-17, Jn 15:1-11
Chuck Bosworth

Do I have enough _____, and am I making the _____ of it?

Which View of Time?

Chronos: (Psalm 90:12)

Kairos: (Mark 1:14-15)



Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore, do not be foolish, but understand what the will of the Lord is. – Eph. 5:15-17

Jesus & Time

“_____”: to _____, make your _____ in, stay in a place.

We bear “much _____” by _____.

The Early Church & Time

Rule of Life:

_____ comes from the Latin _____ and means to regulate or regularize.

We make the best use of the time by creating space for _____ within _____.

“I am the true vine, and my Father is the vinedresser. Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit. Already you are clean because of the word that I have spoken to you. **Abide** in me, and I in you. As the branch cannot bear fruit by itself, unless it **abides** in the vine, neither can you, unless you **abide** in me. I am the vine; you are the branches. Whoever **abides** in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. If anyone does not **abide** in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned. If you **abide** in me, and my words **abide** in you, ask whatever you wish, and it will be done for you. By this my Father is glorified, that you bear much fruit and so prove to be my disciples. As the Father has loved me, so have I loved you. **Abide** in my love. If you keep my commandments, you will **abide** in my love, just as I have kept my Father’s commandments and **abide** in his love. These things I have spoken to you, that my joy may be in you, and that your joy may be full.” – John 15:1-11

ADDITION

Abide – 10 min of silence
Relationships – 1 meaningful convo
Mind – book, podcast, deep work
Body – min 7 hrs sleep and exercise
Money - Budget
Living Sent – Invite neighbor for meal
Work/Rest –Sabbath

SUBTRACTION

Can I cut anything out digitally?
(TV, Phone usage)

Where/when am I most idle?
(not resting or working)

What might Jesus be asking me to cut in this season?

RESOURCES

- Addition Subtraction Exercise
- Life Domain Exercise
- Rule of Life Workbook
- Crafting A Rule of Life by Stephen A. Macchia.
- Redeeming Your Time by Jordan Raynor

