

Message Notes

July 17, 2022

Sabbath: The Laws of Space & Time

Genesis 2:2-3, Exodus 20:1-17

Chuck Bosworth

Our disordered desires lead us to value _____ over _____.

(Ex 20:4, 13-17, Mt 6:24, 19:21, Lk 12:13-20)

Space: Temporal, Doing, Things

Time: Eternal, Being, Moments

We are exploring the two life giving rhythms of _____ & _____ that God has designed for us.

A Different Way: The Fourth Commandment

“Remember the Sabbath Day by keeping it holy. Six days you shall labor and do all your work. But the seventh day is a Sabbath to the Lord your God.”
- Ex. 20:8-10a

It's through the practice of Sabbath that we break the _____ to _____.
(Ex 31:16, Isa 58:13-14)

It's through the practice of Sabbath that we love _____ and _____.
(Mt. 22:33-40)

From the Beginning

“On the seventh day God finished His work that He had done and He rested on the seventh day from all His work that He had done. So God blessed the seventh day and made it holy because on it God rested from all His work that He had done in creation” - Gn. 2:2-3 (ESV)

He _____ the Seventh Day. He made the Seventh Day _____.
(Gn 1:22, 28, Ps 23) (Gn 2:2, Ex 19:6, Ex 26:33)

He implemented a rhythm into the fabric of _____ and with it, a way of _____ in the world. (Ex 34:21)

Practicing Sabbath

Sabbath is the _____ day of the week.

Sabbath is sacred time, set _____ & _____.

Recommended Reading on Sabbath:

Sabbath - Abraham Joshua Heschel

Keeping the Sabbath Wholly - Marva J. Dawn

Sabbath as Resistance - Walter Brueggemann

Sacred Rhythms - Ruth Haley Barton

The Rest of God - Mark Buchanan

Subversive Sabbath - A. J. Swoboda