

# MESSAGE NOTES

August 11, 2019

POURED OUT  
Psalm 139  
Pastor Jeff Nelsen

- *Pour out* = offer \_\_\_\_\_, \_\_\_\_\_ to, hand over, \_\_\_\_\_ with. Psalm 62:8
- Whatever we pour out our hearts to \_\_\_\_\_ who we \_\_\_\_\_.

You have searched me, LORD, and You know me. Psalm 139:1

## POURING OUT THE FEAR OF INTIMACY

- *Intimacy* = being \_\_\_\_\_ known, someone can \_\_\_\_\_ - \_\_\_\_\_.
- ① David \_\_\_\_\_ by acknowledging the \_\_\_\_\_. Prov 3:6; Isa 55:9; Matt 6:33
- He says, "You know me & Your presence is \_\_\_\_\_ for me."
- He says, "You \_\_\_\_\_ me & I \_\_\_\_\_ those who \_\_\_\_\_ You."

Your knowledge of me is too deep; it is beyond my understanding.  
Where could I go to escape from You?  
Where could I get away from Your presence? Psalm 139:6-7 (GNT)

- ② David \_\_\_\_\_ how he might try to \_\_\_\_\_ from Him. Gen 3:8
- He realizes there's \_\_\_\_\_ place he can get \_\_\_\_\_ from God. Heb 4:13
- He goes from feeling \_\_\_\_\_ by God to \_\_\_\_\_ in God.

Search me, God, and know my heart; test me and know  
my anxious thoughts. See if there is any offensive way in me,  
and lead me in the way everlasting. Psalm 139:23-24

- ③ David willingly \_\_\_\_\_ God to \_\_\_\_\_ him & know his heart.
- He asks God to \_\_\_\_\_ & \_\_\_\_\_ him with His loving \_\_\_\_\_.
- He says, "Your thoughts toward me are like \_\_\_\_\_ to me." Ps 139:17
- LORD, \_\_\_\_\_ can I pour out to You so I find my \_\_\_\_\_ in You?