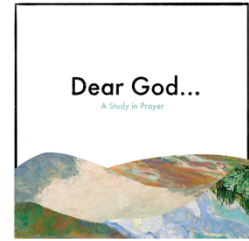


# Dear God...

## Ask

Matthew 6:11



Take a few minutes and check in with each other; share an encouraging story from the week.

### Questions for Your Group Discussion:

1. How has Pause and Rejoice been going in your prayer life recently?
2. What stood out to you in the message and why?
3. In what specific ways does your perspective about Asking need healing?
4. How can you Ask out of trust vs. not out of trust?
5. Which of the questions Brian shared (or one of your own) sticks out to you and why?
6. How have you been Asking differently, or how can you begin to Ask differently?

### Praying With Each Other

How can the group pray for you, especially as it relates to applying the message?

Share your what you would Ask for.

Pray together by starting with Pausing and Rejoicing:

- Stay silent, breathe deeply and slowly for several moments.
- Rejoice in who God is and what He has done.
- Lift up each other's Asks together.